ST RAPHAEL PARISH COMMUNITY

4072 New Street (corner of New St. and Longmoor Dr.) Burlington, ON L7L 1S9 Tel: 905.637.2346 Email: straphaelburlington@hamiltondiocese.com Website: www.StRaphaels.ca



Specifica

Served by the Holy Cross Fathers
Fr. Francis Salasiar C.S.C. - Pastor

Catherine Osborne - Office Administrator
Ms. Maureen Lawlor - Office Assistant



OFFICE HOURS Mon-Fri 9:00 AM - 12:00 Noon

1:00 PM - 4:00 PM
Saturday 3:30 PM - 6:30 PM
Sunday 9:00 AM - 1:00 PM
closed on Statutory Holidays

MASS TIMES

Saturday 5:00 PM

Sunday 9:00 AM & 11:00 AM

Mon - Fri 9:00 AM

CONFESSIONS

Saturday 4:00 PM - 4:30 PM or by appointment

PRAYER BEFORE WEEKDAY MASS

8:00 AM in the Adoration Chapel 8:30 AM Rosary in the church

PERPETUAL ADORATION

We encourage you to spend some time with our Lord in the Blessed Sacrament in the Adoration Chapel, anytime, day or night.

SACRAMENTS BAPTISMS & BECOMING ROMAN CATHOLIC

- For newborns, any weekend Mass.
- For school aged children, after being catechized.
- For adults interested in becoming Roman Cathoic call the office for more information.

WEDDINGS

Please contact us at least one year in advance.

MINISTRY TO AND ANOINTING OF THE SICK

Please advise us if you have someone ill at home, in the hospital, or in a local nursing home so that we can minister to them.

FUNERALS

Please contact us and your choice of funeral home. For information on Catholic burial, please contact the cemetery office at 905.522.7727 or 1.800.661.5985, or visit www.TheCatholicCemeteries.ca

PARISH SCHOOLS

- Assumption High School 905.634.1835
- St. Raphael's Elementary 905.637.3810
- St. Paul's Elementary 905.632.1424

ST. VINCENT DE PAUL HOTLINE 905.681.6394

Archangel St. Raphael "God is my Healer"

The angel of joy; patron of: travellers, bearers of good news and men and women seeking a good spouse.

See the Book of Tobit, especially chapter 12

The Diocese of Hamilton HamiltonDiocese.com Holy Cross Vocations www.holycrossvocationscanada.com Catholics Come Home www.CatholicsComeHome.org Vocations www.HamiltonVocations.com



Monday, January 24 at 9:00 am

† Joe Lawlor

Tuesday, January 25 at 9:00 am Ints. Aida Salazar

Wednesday, January 26 at 9:00 am

† Karl Plach

Thursday, January 27 at 9:00 am
Ints.Arleen Gaspar; Ints. Madelina Pinheiro; † Jim Cox
† Jose Pinheiro; † Frank Michelucci; † Bob Merritt

Friday, January 28 at 9:00 am † Peter Tran Van Ban

Saturday, January 22 at 5:00 pm Ints. M. Koritko; † Jim Cox; † Betty Thomas † Wally Bubrick; † Emil Komac; † Souls in Purgatory

Sunday, January 16

9:00 am † Francis Onuska 11:00 am For Our Parishioners

Please nray for			
	Diagon	0421/	for.

Cenka Kosir Joseph & Madeleine James Cook Jasmine Leigh Zucco Maritza Garcia Emma Goodale Sarah Scharer Gonzalez Elizabeth Talatala Vanessa Rodrigues Milan Heck Albert Rodrigues Asia Rae Landry Helen Weppler John Scharer Noah Landry Jane Urquhart Doug Pudsey Alison Zierl Laith Yousif Peggy Evans Rosario Herve Mary Lilly Lee Olds Jill Olds Vincent Stanford Stephen Pustai Joanne Pringle Marie Bond Michael Smart Robert Connelly Ron Robertson Kyle Elliott Jones Rodney Gary Olds Helen Sheehan Elizabeth Elder Barbara Fisher Heather Allen Laurie Suddaby Lorraine Evans Rev. Fred Olds Frank Sicoli Rolando Mabalay Nicola Izzi

If you would like a loved one prayed for by the parish or included in the weekend Prayers of the Faithful, please call the Parish Office by Tuesday morning.

The **Third Sunday in Ordinary Time** begins to take us through **Luke's Gospel.** We will follow it for the next several Sundays until Lent begins; it picks up again after the Easter season when Ordinary Time returns. It introduces Jesus as returning to Galilee "in the power of the Spirit" where he goes to the synagogue and teaches from Isaiah: "The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor." He ends with the stunning words "Today this Scripture passage is fulfilled in your hearing."

Taken from the "Weekly Guide for Daily Prayer" on the Creighton University's Online Ministries web site: onlineministries.creighton.edu/CollaborativeMinistry/Prayer/Used with permission.



ST. RAPHAEL GREEN CORNER: Pope Francis writes "..We know that approximately a third of all food produced is discarded and whenever

food is thrown out it is as if it were stolen from the table of the poor." LS #50

Did you know that rising carbon emissions in our world can be reduced through our eating habits? The UN International Panel on Climate Change Report said that much of the responsibility for rising carbon emissions lies with countries like Canada, where the report found that per-capita consumption emissions are six times higher than India's, which average 2.2 tonnes per person annually. Canadians' love for meat and dairy were found to be significant contributors to carbon footprints, partly due to the popularity of cheese and beef, which are carbon-intensive foods.

What can we do? Our food consumption habits can be adjusted. Have you considered limiting the amount of meat and dairy products that are part of your diet? Consider eating one or two meatless meals a week. The food we eat can have a significant impact on the environment. For example, meat and dairy products require a lot of land, water and energy to produce. They also create a lot of methane, a greenhouse gas. What's more, food shipped from overseas uses a lot more resources than local produce.

By eating fewer animal products, especially red meat, (or choosing a plant-based diet) and shopping for locally sourced food, you can make a big difference. When you are shopping look to see from where your food was sourced. Ask yourself what is the carbon foot print of the particular food. How far did the food travel to arrive on the shelf in your store?

Before doing your weekly grocery shop, make a weekly meal plan and purchase what you need for a week's supply of food. If you have meal left overs, be sure to freeze them for later use or plan how they can be incorporated into a meal later in the week. https://www.bbc.com/news/science-environment-

https://www.bbc.com/news/science-environment-46459714

Stay tuned! Next week we will investigate carbon emissions and food waste!

IN OUR PARISH



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Thank you for your continued support!

NEW SUNDAY MISSALS: If you would like your own copy of the 2022 Sunday Missal for \$5 please purchase them in the parish office during the week or in the Welcome Area of the church after weekend masses



JOURNEY OF FAITH: Please join us every Wednesday for our Journey of Faith sessions. Our next topic will be The Sacrament of Marriage & Holy Orders. In

the life of Christ, we see and hear about love being poured out for the other. It is in giving that we receive and become our best selves. So, at the heart of the Church's life are these two sacraments that celebrate the priority of love given in service of others. Our next session is on Jan 26th, from 7 - 8pm and will be online until further notice. If you would like to participate, please email: franclin7@gmail.com to receive the link.



"THIRD SATURDAYS" BIBLE STUDY:

Women of all ages join us via Webinar February 19th, at 9:30am, for our monthly one-hour webinar igniting passion for reading the Bible and applying the Word to our lives. Refresh, restore and renew our

faith. No bible experience required. Pray and share together with other women. To sign up please RSVP to michele@forgionegroup.com or leonyhettinger@bell.net See you soon.

DEVELOPMENT AND PEACE STAMP PROJECT: Please continue to save your cancelled stamps from Christmas Cards and any other mail. The Stamp Project raises funds for Development and Peace to support their ongoing Social Justice work. We will notify you at the end of January as to how we will collect the stamps from you! Thank you for your thoughtfulness and support of Development and Peace and their work in the world!

CHURCH BULLETIN ADVERTISING: Liturgical Publications will be setting up the advertisements for our church bulletin. The advertising will begin in April 2022 and supports the bulletin service. Please support the bulletin and advertise your product or service. Call Liturgical Publications at 1-800-268-2637.

2022 ENVELOPES & CALENDARS: Please pick up your 2022 donation envelopes and a St. Raphael Parish Calendar in the parish entrance, by the elevator.

IN OUR COMMUNITY

BIBLE SUNDAY: Today, the Diocese of Hamilton celebrates Bible Sunday. Bishop Crosby has chosen the third Sunday of Ordinary Time each year as our day to emphasize how #TheBibleSpeaks and how #WeListen. We encourage you to visit our Diocesan webpage dedicated to Bible Sunday 2022. Here you will find resources for adults, youth and children to help foster a relationship with God's living Word: www.hamiltondiocese.com/thebiblespeaks

MOUNT MARY IMMACULATE RETREAT CENTRE: is

now open and accepting group and personal retreat bookings for 2022! With a large Chapel and acres of untouched green space Mount Mary is an ideal location for those seeking a retreat experience. Groups of all types are welcome for a day or for an overnight stay. For more information please visit: www.mountmary.ca

YEAR OF AMORIS LAETITIA FAMILY - HAMILTON **DIOCESAN SPEAKER SERIES**: The next evening session of the Diocesan Speaker Series will be held from 7 -8:30pm on Jan. 26th, and will unpack the great wisdom in Amoris Laetitia: The Joy of Love in Families and **Church.** The presentations, by zoom, are meant to engage all members of the Diocese in looking at both the challenges and blessings of families in the world today. Check the Diocesan website at https://amorislaetitia.hamiltondiocese.com/ for more information. Online registration will be necessary to receive the link, where you can join in by phone or internet. For more information contact Teresa Hartnett at thartnett@hamiltondiocese.com or 905-528-7988 ext. 2250.

YOUTH MINISTRY ONLINE LEARNING: There are spaces open for new learners in the upcoming cycles of the Youth Ministry Certification program. If you are interested in participating in Vision for Catholic Youth Ministry – A Canadian Perspective or Relational Ministry with Youth - A Canadian Perspective, please email: nmccowell@hamiltondiocese.com

THE REEL JUSTICE FILM FESTIVAL IS BACK! We are excited to offer another year of engaging films, which spotlight issues of social, political, and economic injustice. Join us January 27th, at 7pm for "There's Something in the Water". The film documents environmental racism in Nova Scotia, revealing a portrait of ecological and social disaster, where rural areas are plaqued by toxic fallout from industrial development and your postal code determines your health. The **Reel Justice Film Festival** is a partnership between Development & Peace and the Bishop Farrell Library & Archives. Visit us online at https://reeljusticefilmfestival.wordpress.com/ to view our 2022 schedule or to secure your spot at any of our virtual screenings!

MARRIAGE TIP OF THE MONTH: Some people drift into their relationships over a number of years, but it can also be said that people drift out of their relationships as well. We can become complacent and take for granted all the nice things are spouse does for us and/or sometimes we stop doing nice things for them. Over time we compliment less, spend less time together, stop sharing our day, feelings, or hopes and dreams and suddenly lose sight of the other. When we continue to treat our relationship as new, taking the time to discover who the other is and complimenting them for it, we stay firmly attached instead of drifting apart.

SUNDAY FUNNY:



I've given up social media for the New Year and am trying to make friends outside Facebook while applying the same principles. Every day, I walk down the street and tell a passerby what I've

eaten, how I feel, what I did the night before, and what I will do tomorrow. Then I show them pictures of my family, my dog, and me gardening. I also listen to their conversations and tell them I love them. And it works. I already have three people following me - two police officers and a psychiatrist.



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